



# Central Districts Cycling Club

JUNE 2009

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## Welcome

Welcome to this month's edition of the CDCC Newsletter. This month's Rider Profile features our Club President, Graeme Zucker. Thanks to the members who have returned their profiles which we will publish in coming months. We would like more profiles from senior members! We are trying to include results of recent racing and seek your input please, particularly with seniors results. We hope you enjoy this newsletter and welcome your feedback. Tessa!

## Recent Racing & Placing

### Tour of Riverland 23-24 May

Congratulations to **Sam Fromentin** (U15W) for winning the Juniors 34km Handicap held on Saturday, 23 May.

Other CDCC members to do well in that race were: **Joshua Harrison** (U15M), 4th; **Bradley Knobben** (U15M), 7th; and **Bradley Ward** (U15M), 8th. **Alex Edmondson** (U17M) recorded the fastest time. **Alex King** (U17M) and **Kyle Franson** (U17M) finished 6th and 7th respectively in the Juniors 37km Handicap held on Sunday, 24 May.

**Dale Parker** recorded the fastest time in the Bicycle Express—Bicycle Technologies Australia 37km Handicap held on Sunday, 24 May.

### Inaugural Victoria Park Criteriums 30 May

At the time of publishing, I have been unable to get a list of all results, but congratulations to **Bonnie Grant** (U13G) for her 3rd placing in a tussle with James Higginson & Jason Yuen. Congratulations to **Alex Edmondson** (U17M) (pictured right) for winning his category.

### Winter Track Series 3 June

Congratulations to the following CDCC members:

**Merlin Spranz** (B Grade): 2nd Scratch Race, 3rd Omnium

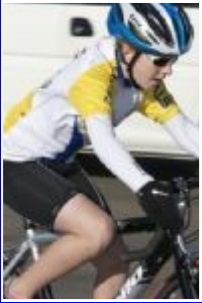
**Alex Edmondson** (Junior A Grade): 1st Heartstarter, Progressive Points, Scratch Race & Omnium

**Kyle Franson** (Junior A Grade): 3rd Heartstarter, 3rd Progressive Points, 2nd Scratch Race & 3rd Omnium

**Lachlan Hedley** (Junior B Grade): 1st Heartstarter, Progressive Points, Scratch Race & Omnium

**Carla Franson** (Junior B Grade): 3rd Heartstarter





**Centrals Juniors  
in action at  
Victoria Park, May 30:  
(from top) India, Tessa,  
Bonnie, Jordan,  
William.**

## Upcoming Club Events: Enter Now

### Central Districts Junior and Women's Tour

Friday, July 10—Sunday, July 12

Entries are now open via the Cycling Australia race entry system.

Entry fee for all categories: \$60.00

**Closing date for entries: Sunday, June 28.**

Late entries are accepted until Sunday, July 5, **but will incur a late fee of \$20.00.**

<http://www.centraldistrictscc.com.au/tour.htm>

## Stop Press: State Time Trial Results

Congratulations to the following CDCC members for their success at the State Individual Time Trial Championships, Langhorne Creek, Sunday June 7:

JG13	1st	<b>Bonnie Grant</b> (31.77 kph)
JW 15	1st	<b>Samantha Fromentin</b> (34.52 kph)
	2nd	<b>Carla Franson</b> (33.61 kph)
JM17	1st	<b>Alex Edmondson</b> (40.00 kph)
M19	1st	<b>Dale Parker</b> (45.60 kph)
	3rd	<b>Scott McPhee</b> (42.70 kph)
M23	2nd	<b>Merlin Spranz</b> (39.56 kph)

## Greening Australia Arbor Day

Greening Australia are celebrating the 120th anniversary of Arbor Day at the Gemtree Wetlands with a Community Tree Planting Event.

As volunteers for Greening Australia, Mark, Tessa and I have attended this event for a couple of years now and if you want to have a good time giving something back to the environment, then come along.

Greening Australia and Gemtree Vineyards even provide a great BBQ lunch and refreshments.

So if you're not out riding, join us at Gemtree Wetlands on

Sunday, 21 June, 10:00 am —1:00 pm.

For more information contact Greening Australia SA on 8372 0100 or

<http://www.greeningaustralia.org.au>.

(Please RSVP to GA for catering purposes.)

*“The dates are 10, 11 & 12 of July 2009 and will include a Crit on the new Victoria Park circuit. While most of us know it focuses on Juniors, it should be highlighted that Under- 17,19 & Open women are also part of this event. So come on girls lets see some big fields. Word has it that New Zealand will be sending over twelve women to contest the Central District Cycling Club stage race.”*  
*Max Stevens writing about CDCC Junior & Women’s Tour on the Cycling SA website.*

## Upcoming Events

Source: <http://www.sa.cycling.org.au/> & CA e-Cycle

13 June	John Venturi Road Race Kangarilla
14 June	Port Adelaide CC Individual Time Trial
20 June	Alphutte Classic Handicap
27 June	300 Lap derby + Support Events
28 June	Port Adelaide CC Graded Scratch Race
1 July	Winter Track Series
4-26 July	Tour de France
23-26 July	BMX World Championships Adelaide Showgrounds <a href="http://www.bmxworlds2009.com/">http://www.bmxworlds2009.com/</a>

## Sponsorship of Junior & Women’s Tour

CDCC wish to acknowledge the support of two companies who have come forward as sponsors of the CDCC Junior & Women’s Tour,

### **Fulton Hogan** and **Century Products**.

**Fulton Hogan** is a major trans-Tasman civil contracting company, with interests in a broad range of products and services in the roading, quarrying, civil construction, infrastructure maintenance and land development sectors.

**Century Products** are Steel Fabricators and Manufacturers, located at Beverley.

## CDCC Raffle: And the Winners are...

**1st prize** of 2 nights accommodation in an executive cabin at Mt Barker Caravan Park for 2 adults and 2 children was won by **Chris Gooley** (ticket #397).

**2nd & 3rd prizes** of a Dinner/Movie pass for 2 at Auchendarroch House and Wallis Cinemas, Mt Barker, was won by **Digby Ambrose** (ticket #9) and **Paul King** (ticket #298).

Congratulations to the prize winners and many thanks to all members who sold tickets.



**Next  
Committee  
Meeting:  
Monday,  
15 June  
at 6:00 pm**

# Rider Profile: Graeme Zucker

<b>Name</b>	Graeme Zucker
<b>Age</b>	55 Years
<b>Occupation</b>	Project Manager with Chubb Security
<b>What got you into cycling?</b>	Went to Hanson Reserve and saw track racing and it just started from there as a 14 year old.
<b>What bike(s) do you ride?</b>	Road Bike, Track Bike and Mountain Bike
<b>What is your Dream Bike?</b>	Pinarello
<b>Who is your favourite cyclist?</b>	Was Jan Ullrich and now Stuart O'Grady and Robbie McEwen.
<b>How long have you been racing?</b>	On and off for 40 Years including conventional cycling and BMX.
<b>What is your favourite cycling event as a spectator?</b>	Tour De France and Tour Down Under.
<b>What is your favourite cycling event as a participant?</b>	Any Race that I am able to ride in.
<b>Where is your favourite place to ride?</b>	Anywhere that has not too many hills.
<b>What's your cycling ambition?</b>	To help with the improvement of the Centrals Club and Cycling SA as an Official of the Sport.
<b>What is your favourite food?</b>	Any type of Pasta and Rice dishes.
<b>Do you have a training tip to share?</b>	Any training ride that you can see an improvement from is good as well as training with a group for safety reasons.