



Central Districts Cycling Club

JANUARY 2010

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Rider Profile:

James Chambers

Welcome

Happy New Year and welcome to this month's edition of the CDCC Newsletter. Featuring in this month's profile is Bradley Ward.

Most of you will have heard about Carla Franson and her dramatic rescue. Fortunately she didn't sustain any serious injuries and we all hope to see her back on the bike soon! Tessa!

CDCC Member in MTB Championships

CDCC Member, James Chambers (U15M), will be competing in the Australian MTB Championships to be held at Eagle MTB Park later this week.

For an opportunity to see another style of riding at championship level, then racing starts Friday, January 15, and continues throughout the weekend finishing with DownHill racing on Sunday.

Events include Olympic Cross Country, Short Course Cross Country, DownHill, Four Cross, Bike Trials and Dirt Jumps.

James is competing in the DownHill event and we wish him good luck!

Eagle MTB Park is on Mt Barker Road, near Eagle on the Hill, and shuttle buses are running to and from the event, departing from Bicycle SA in Franklin Street for a \$2.00 return fare.

For more details, go to <http://www.eaglechamps.com/cms/index.php/>.

Thanks to Sandra Chambers for the information.

Upcoming Club Event

CDCC Track Spectacular + State Points Champs

Adelaide Superdrome, January 16

Nominations have closed for this event which includes races in the following categories: Open Men & Women, Masters, Juniors (all grades). Feature races include the Vic Barrell Open Wheel Race, Women's Cup, U17 Dennis Ellison Wheel Race, U17 Nell Fowler Time Trial and the U15/U13 Phil Bertholini Handicap. The event will also include the State Points Champs for U19 Men & Women and Elite Men & Women. Good luck to all CDCC members who have entered and to those who aren't racing, please consider coming to support your fellow club members.

Recent Racing & Placing

Congratulations to the following CDCC members who competed in recent racing:

SCC Track Racing, Edwardstown, December 11

Scratch Race, Junior A	Carla Franson	2nd place
Scratch Race, Junior B	Bonnie Grant	2nd place
	Tessa Manning	3rd place
Scratch Race, Junior D	Dan Tattersall	1st place
Scratch Race, Senior A	Kyle Franson	3rd place
Scratch Race, Senior B	Paul King	1st place
Scratch Race, Senior C	Tony Brennand	1st place
Scratch Race, Senior D	Ben Knobben	3rd place
	Andrew Grant	4th place
Handicap, Senior A	Alex King	4th place
Handicap, Senior D	Brian Franson	2nd place
	Andrew Grant	3rd place
	Ben Knobben	4th place
Keirin, Senior A	Kyle Franson	3rd place
Keirin, Senior B	Paul King	1st place
Keirin, Senior C	Tony Brennand	2nd place
Keirin, Senior D	Andrew Grant	1st place
	Ben Knobben	3rd place
	Brian Franson	4th place
Motor Pace, Junior A	Carla Franson	3rd place
Motor Pace, Junior A2	Bradley Ward	1st place
	Bradley Knobben	2nd place
Motor Pace, Junior B	Bonnie Grant	1st place
	Tessa Manning	3rd place
Motor Pace, Junior C	Dan Tattersall	3rd place
Motor Pace, Senior A & B	Kyle Franson	2nd place
	Paul King	4th place
Motor Pace, Senior C & D	Tony Brennand	1st place

Please note:

Due to the amount of race results to report in the newsletter, only places 1-4 will be included.

All results are taken from the Cycling SA website or the host club website as available.



Recent Racing & Placing



SCC Christmas Cup on Wheels, Edwardstown, December 18

Le Mans Scratch Race, Junior A	Carla Franson	4th place
Le Mans Scratch Race, Junior B	Bradley Knobben	1st place
	Bradley Ward	3rd place
Le Mans Scratch Race, Junior C	Bonnie Grant	3rd place
	Tessa Manning	4th place
Le Mans Scratch Race, Junior D	Dan Tattersall	1st place
Le Mans Scratch Race, Senior A	Kyle Franson	1st place
	Alex King	2nd place
	Ben Grant	3rd place
Le Mans Scratch Race, Senior D	Brian Franson	1st place
	Ben Knobben	2nd place
	Andrew Grant	3rd place
Handicap, Juniors	Nikki Boyle	1st place
Handicap, Senior C & D	Andrew Grant	1st place
	Ben Knobben	2nd place
	Brian Franson	3rd place
Reverse Race, Junior B	Bradley Ward	1st place
	Bradley Knobben	3rd place
Reverse Race, Junior C	Bonnie Grant	1st place
	Nikki Boyle	4th place
Reverse Race, Senior A & B	Kyle Franson	1st place
	Paul King	4th place
Reverse Race, Senior C & D	Ben Knobben	4th place
Christmas Cup on Wheels	Andrew Grant	1st place

SCC Jayco City of Holdfast Bay Championships, December 26

Junior B Grade	Bradley Ward	1st male
	Carla Franson	1st female
Men's C Grade	Alex King	3rd place
Men's B Grade Straight Line Sprint	Paul King	3rd place
Men's Glenelg Street Race	Dale Parker	1st place

Recent Racing & Placing



**The next
CDCC
Committee
Meeting will
be held
at the
Adelaide
Superdrome
on Monday,
February 8,
7:00pm.**

**All members
are welcome
to attend.**

Cycling SA State Omnium Championships, Superdrome, December 19

UI9M 200m Sprint	Matthew Glaetzer	1st place
	Dale Parker	2nd place
	Damien Howson	3rd place
5km Scratch Race	Dale Parker	1st place
	Damien Howson	2nd place
	George Tansley	3rd place
	Scott McPhee	4th place
2000m Individual Pursuit	Dale Parker	1st place
	Damien Howson	2nd place
	Alex Edmondson	3rd place
	Scott McPhee	4th place
15km Points Race	Dale Parker	1st place
	George Tansley	2nd place
	Alex Edmondson	3rd place
	Damien Howson	4th place
1000m Time Trial	Matthew Glaetzer	1st place
	Dale Parker	2nd place
	Damien Howson	3rd place

UI9M Omnium Final Results

Dale Parker	Gold
Damien Howson	Silver
George Tansley	Bronze
Alex Edmondson	4th place

Men's 200m Sprint	James Glasspool	1st place
5km Scratch Race	James Glasspool	1st place
3000m Individual Pursuit	James Glasspool	1st place
15km Points Race	James Glasspool	4th place
1000m Time Trial	James Glasspool	1st place

Men's Omnium Final Results **James Glasspool Gold**

NCC Open Criteriums, Victoria Park, January 5

B Grade	Lachlan Glasspool	1st place
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Upcoming Events



Club Clothing

Tania Franson will be lodging a bulk order with the manufacturer on Monday, 18 January for personalised items such as short sleeved tops, track pants, warm up jackets. Items will be delivered early February. Tania is also placing an order for jerseys, knicks and skinsuits which should be available mid February. Call Tania to place an order: 85 385 165.

Source: <http://www.sa.cycling.org.au/>

15 Jan	South Coast Cycling Track Racing
16 Jan	Central Districts Track Spectacular + State Points Champs
17 Jan	IGA Cyclo Sportif
17 Jan	Tour Down Under Classic
18 Jan	Junior and Masters Criterium
18 Jan	Rendition Homes Teams Series Race 8
19– 24 Jan	Tour Down Under
22 Jan	Rendition Homes Teams Series Race 9
22 Jan	Tour Down Under - Women + Masters
26 Jan	Australia Day Track
29 Jan	South Coast Cycling Track Racing
2 Feb	Norwood CC Open Criteriums
2 Feb	Rendition Homes Teams Series Race 10
5 Feb	South Coast Cycling Track Racing
7 Feb	IGA Cyclo Sportif
9 Feb	Norwood CC Open Criteriums
9 Feb	Rendition Homes Teams Series Race 11

Is this how Lee spent his Christmas?



Taken in Hiroshima, 1984, this Colonel Sanders Santa bears a striking resemblance to our Lee.



Rider Profile: Bradley Ward

Age	14
Occupation	Student
What got you into cycling?	My dad and it seemed like fun
What bike(s) do you ride?	Giant road bike and Inexa track bike
What is your Dream Bike?	Dad's Cannondale
Who is your favourite cyclist?	Stuart O'Grady, Cadel Evans, Robbie McEwen, Mick Rogers, Mick Hardy. Couldn't pick just one.
How long have you been racing?	4 years
What is your favourite cycling event as a spectator?	Sprinting
What is your favourite cycling event as a participant?	Anything with big hills
Where is your favourite place to ride?	Any hills for climbing
What's your cycling ambition?	To become pro cyclist
What is your favourite food?	Mum's spag bol
Do you have a training tip to share?	Have fun