



Central Districts Cycling Club

AUGUST 2009

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Special two-up rider profiles: Carla & Kyle Franson

Welcome

Welcome to this month's edition of the CDCC Newsletter. We hope that you are all getting more sleep now that the Tour de France is over.

There has been so much racing to report that we've run out of room on page 2, but we can report that CDCC member Damien Howson recorded the fastest time in the Lyndoch Classic on August 1. Our newest member, Gavin Nugent (C Grade), finished the race in 4th position.

Our Rider Profile this month features U17 rider Ollie Haubrich. Tessa!

CDCC Junior & Women's Tour

Samantha Fromentin



The CDCC Junior & Women's Tour took place July 10-12 under horrendous conditions, some of the worst that this winter has offered. Despite this, a strong contingent of CDCC members took part with good results. It was a clean sweep to CDCC in the U15W GC with *Alex Edmondson* Samantha Fromentin 1st, Carla Franson 2nd & Nikki Boyle 3rd place. Alex

Edmondson won the GC in the large U17M field and Dale Parker took out the GC in the U19M category. Alex and Dale also took the KOM points. Congratulations to all who participated.



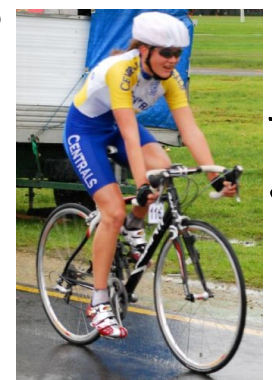
Special thanks to Max Stevens of Cycling SA, Su Spencer and her Team of Commissaries and Chris and Deb for the Times 7 equipment. Special thanks also to George and Karen Depasquale and the Trikings for corner marshalling and the group of volunteers who helped out with lead and support vehicles and KOM judges.



Dale Parker

Thanks to all the parents who helped out during the Tour.

Thanks to our sponsors and, finally, a very special thank you to CDCC's hard working Committee.



Carla Franson

photography: Max Stevens, <http://www.sa.cycling.org.au/>

Recent Racing & Placing

Congratulations to the following CDCC members who competed in recent racing:

Kilkenny CC's Winter Track Series, July 1

Junior B Grade	Heartstarter	Carla Franson	3rd place
	Point Score	Carla Franson	2nd place
	Scratch Race	Carla Franson	2nd place
Junior A Grade	Heartstarter	Kyle Franson	1st place
		Ollie Haubrich	2nd place
		Alex King	3rd place
	Point Score	Kyle Franson	1st place
		Alex King	equal 2nd place
		Ollie Haubrich	equal 2nd place
	Scratch Race	Kyle Franson	1st place
		Alex King	2nd place
		Ollie Haubrich	3rd place

DBR Australia Junior & Women's Canberra Tour, July 3-5

U17M Time Trial	Alex Edmondson	1st place
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Port Pirie CC Tour of the North, July 4

A, B and C Grade Combined Juniors	Carla Franson	5th place
	Kyle Franson	7th place (fastest time)

CDCC Junior & Women's Tour, July 10-12

U15 Women	General Classification	Samantha Fromentin	1st place	
		Carla Franson	2nd place	
		Nikki Boyle	3rd place	
U17 Men	General Classification	Alex Edmondson	1st place	KOM
		Lachlan Glasspool	7th place	
U19 Men	General Classification	Dale Parker	1st place	KOM
		Lachlan Ambrose	3rd place	

NCC Presidents' and Life Members' Day, July 18

Junior A Grade	Lachlan Glasspool	2nd place
	Kyle Franson	4th place
	Alex King	5th place
Junior B Grade	Ben Grant	2nd place
Junior C Grade	Joshua Harrison	2nd place
	Samantha Fromentin	3rd place
	Carla Franson	4th place
Junior D Grade	Bonnie Grant	3rd place
Senior C Grade	Lachlan Ambrose	1st place

Payneham CC Keith Thurgood Classic, July 25

Keith Thurgood Classic	Russell Hodson	1st place
U17/U15 Handicap	Kyle Franson	1st place
Samantha Fromentin: first woman	Alex King	3rd place
Alex Edmondson: fastest time	Lachlan Glasspool	4th place

“Thank you to the Centrals Cycling Club and all the officials and organisers for putting on such a great event last weekend in very difficult conditions and a special thanks to all the corner marshals who sat out in the wind and rain to get you safely around the course. Thanks also to the parents and friends who came out to watch.”
Ian Pedler,
SA Junior Cycling Bulletin

Russell Hodson



photography: Max Stevens



Government of South Australia
Office for Recreation and Sport



Built Environs



"We should highlight some outstanding performances from the likes of James Higginson, Samantha Fromentin, Tish Custance, Carly Light, Alex Edmondson and Dale Parker.

Riders didn't give up and gave this event their full support from start to finish.

It would have been easy to throw the towel in and go home, however that wasn't the case."

Max Stevens, Cycling SA website, reporting on CDCC Tour

Centrals 2nd in Sarre Shield

At the Cycling SA Annual General Meeting held on June 15, the final results of the 2008/09 Sarre Shield were announced.

The Sarre Shield trophy was donated by Mr Claude Sarre in 1949 for "Interclub Competition". It is now presented each year to the winning club at the Cycling SA AGM. Points towards the Sarre Shield are earned by riders representing their club at State Championship events. Points are allocated for placings only in every licence category from Junior U11 to Masters Category 9: 3 points for 1st, 2 points for 2nd & 1 point for 3rd.

CDCC amassed 148 points, finishing a close second to Norwood CC with 155 points. More than half our points came from the Junior & Masters State Track Championships. This is a great achievement for CDCC, considering that Norwood CC have more than 3 times our membership.

(Information from Cycling SA AGM 2008/09 notes.)

Upcoming Events

Source: <http://www.sa.cycling.org.au/>

- | | |
|-------------|---|
| 5 August | Winter Track Series |
| 7-15 August | Junior Track & Road World Championships, Moscow, Russia |
| 8 August | Burra Classic |
| 9 August | Port Adelaide CC Graded Scratch Race |
| 9 August | Burra Graded Scratch Races |
| 15 August | Jim Pascoe 100km Graded Scratch Races |
| 22 August | Built Environs Cycling SA Elite & J19 State Road Championship |
| 23 August | Built Environs Cycling SA Junior and Masters Road Championships |
| 29 August | Hector Fletcher Memorial Handicap |

Technical Regulation: Approved Wheels

The CA Technical Commission has recently released a communication reiterating the rule applicable to wheels that are approved by the UCI. This is an important reminder for all road cyclists. Please [click here](#) to view message (or go to CA Website: <http://www.cycling.org.au/>).

Cycling Australia wishes to advise all competitors in the U19, U23, Elite and all Masters divisions, that from 1 September 2009 only wheels that conform to the CA Technical Regulation Annexure 6, UCI Bike Regulations 1.3.018 will be permitted to be used in mass start road racing. Source: e-Cycle July 2009



Union
Cycliste
Internationale





**Quote of the
Tour de
France
goes to Mark
Cavendish,
after his
victory in
Stage 11...**

**Interviewer:
“Plenty of
people said it
wouldn’t suit
you, this up-
hill finish.”**

**Cavendish:
(pause, look
of bemuse-
ment)
“Who said
that? Internet
foreign peo-
ple? Or, I
don’t know,
you know.”**

Rider Profile: Ollie Haubrich

Age	15
Occupation	Student
What got you into cycling?	Friday nights with Eddie
What bike(s) do you ride?	Inexa T1 (track bike) Malvern Star Oppy Lyon (road bike)
What is your Dream Bike?	BT Track Bike
Who is your favourite cyclist?	Gregory Bauge, Theo Bos, Michael Rogers
How long have you been racing?	1 Year
What is your favourite cycling event as a spectator?	Match Sprint or Keirin
What is your favourite cycling event as a participant?	Keirin
Where is your favourite place to ride?	Anywhere flat
What’s your cycling ambition?	Get in state team
What is your favourite food?	Pasta